



Third Joint Research Conference of the Society for the Study of Occupation: USA (SSO:USA) and the Canadian Society of Occupational Scientists (CSOS)
Navigating the Seas of Change: Diversity of Occupation
Portland, Maine, September 28-October 1st, 2016

Occupational Balance Breaks and Activities

Thursday 9-29-16

11:30-2:00

Portland Science Museum

0.2 mile walk

Hours 9:30-5:30

Adults \$19.50/ seniors and students \$17.50/ Groups = 12+

207-812-3848

<http://www.portlandsciencecenter.com/>

Victoria Mansion

0.6 mile walk

\$15/Person; \$13.50/seniors; \$7 students

Groups of 10+ people 207-772.4841 ext. 101

Hours: 10 – 3:30

<http://www.victoriamansion.org/visit/default.aspx>

Portland Observatory

93 High Street, Portland ME

Guided Tour

Adults \$10.00/ Students & AAA \$8.00

Portland City Trails for self-guided runners & walkers

Activities in the Hotel

Basket making

Room – TBA

\$10/person; 10 person limit

5:00-5:30

Mug Exchange

The Mug Exchange is a tradition within the Canadian Society of Occupational Scientists. We each bring a mug from our city or university to the conference. We then exchange mugs with someone at the conference whom we have not met. This opens a congenial path for conversation about each other's involvement in the field of occupational science. So bring a mug and participate – it's a great way to make a new friend and network!

6:00

Dinner on your own

Friday 9-30-16
12:00-3:00

Longfellow House Tour followed by a book discussion of *Henry Wadsworth Longfellow in Portland* by Babin & Levinsky
0.5 mile walk
Adults \$15/AAA \$14/Seniors and students \$12/ Groups - \$8.00
Hours 10-5

Walking Tour

\$15/person
1:30 PM – 60 to 75 minutes
12 people limit: First come, first served.
Join Maine Historical Society for a guided tour to the city's waterfront highlighting Portland's history, maritime heritage, and authentic character. Learn how Maine's largest city evolved from a small British colony to a booming center of American culture and commerce.
https://www.mainehistory.org/about_exploreportland.shtml#walkingtour

Portland Museum of Art

0.6 mile walk
Adults \$15/Seniors \$13/Students \$10
207-775-6148
<http://www.portlandmuseum.org/>

Downeast Duck Adventures

0.2 mile walk to 94 Commercial Street
1:30-2:30 Groups: 20 people, \$25/person; \$23/senior
Individual: \$27/person; \$25/senior
207-774-3825
www.DowneastDuckTours.com

Saturday 10-1-16
7:30-8:30

Student networking breakfast – round table mentorship

Activities in the Hotel

Portland City Trails for self-guided runners & walkers

After conference

Portland HeadLight/Fort Williams Park

1000 Shore Road
Cape Elizabeth, ME
Price: TBD; Price will include transportation costs